

Worksheet 2.7 Using the ADDRESSING Framework (Hayes, 2001) to Facilitate Understanding of Client Cultural Influences

By using the ADDRESSING acronym as a guide, you can become more familiar with the multiple group memberships and cultural identities of your clients. Examination of this information can provide useful information regarding areas of client strength/resources and areas of weakness/deficits. Although you may not ask every client questions about all of the ADDRESSING categories, you are encouraged to at least consider the relevance of each dimension for each client and to follow-up on those influences and identities that appear to be highly valued by your clients (Hayes, 2001).

Definitions of ADDRESSING framework	Client information Client name:
Age and generational influences	
Disability status (developmental disability)	
Disability status (acquired physical/cognitive/psychological disabilities)	
Religion and spiritual orientation	
Ethnicity	
Socioeconomic status	
Sexual orientation	
Indigenous heritage	
National origin	
Gender	

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