

Multiple Choice Test on Empathy

Directions: Select the answer that would be most typical for you, in response to statements by your teen.

1. "I was completely humiliated today when Susan announced I had a huge zit!"
  - a. I'm sure no one cared.
  - b. Big deal!
  - c. Sounds like you felt really embarrassed.
  
2. "The idiot coach didn't play me the whole game!"
  - a. Maybe if you practiced more. . .
  - b. I'm sure he knows what he's doing.
  - c. You must be really disappointed.
  
3. "I'm going to kill Joey for using my iPod!"
  - a. You shouldn't be so selfish!
  - b. You seem really frustrated.
  - c. He's little and doesn't know any better.
  
4. "I hate school dances."
  - a. Me too!
  - b. You should go anyway. I'm sure you'll have fun!
  - c. You think school dances are stupid, huh?
  
5. "I have a math final tomorrow and I'm gonna' fail!"
  - a. Relax. I'm sure you'll do well.
  - b. If you had spent more time studying, you wouldn't be worried now.
  - c. You sound worried. I'll bet you wish it were over & done with.
  
6. "I'm gonna' run away from home!"
  - a. Fine. I'll help you.
  - b. You're being silly. I don't want to hear that kind of talk.
  - c. You sound very unhappy. I'll bet you wish a lot of things were different around here.